**Existing list of actors & activities**

There are already two initiatives which provide a list of social services in Brussels during the corona crisis. These lists are also being kept up to date. We strongly advise you to take a look at them.

https://solidair.brussels/article/hbyj6NdPm6crWI5woLD4/YPHBdR3cvs9aD6uGCufP


**How can I apply for asylum?**

Since the 6th of April it is possible again to apply for asylum through an online application form.

You find the application form here: [https://arrivalcenterappointment.ibz.be/](https://arrivalcenterappointment.ibz.be/)

**Attention for people who don’t understand Dutch or French:** Ciré has translated the online application form to Arabic, English and Spanish. You may consult those translations while making your online application on their website: [https://www.cire.be/office-des-etrangers-introduction-de-demande-de-protection-internationale-en-ligne/](https://www.cire.be/office-des-etrangers-introduction-de-demande-de-protection-internationale-en-ligne/)

However, **remember that you have to submit the application form in Dutch or French**. Please visit the website of Ciré for more information and read the guiding translations of the application form.

Translations online application form:
- Arabic: [AR] Help tool for online application form in Arabic version
- English: [EN] Help tool for online application form in English version
- Spanish: [ES] Help tool for online application form in Spanish version

**Where can I find shelter?**

Unfortunately, many of these shelters are not accessible anymore because the situation is changing all the time. We will try to update this document as regularly as possible to provide you with the correct information.

Pierre d’Angle

● These places will be intended for the vulnerable public.
● They provide shelter for 30 people.

Croix - Rouge

● They provide shelter for 250 homeless people.

Porte d'Ulysse and Sister’s House

● Sister’s House for women: open 24/24h.
● Porte d’Ulysse for men: 325 places, open 24/24h.

Ariane – Centre d’accueil d’urgence

● Tel: 02 346 66 60

Maison d’accueil des Petits-Riens

● Tel: 02/5411396
● For men only.

● Are there open daily-shelters?

HOBO-CAW BRUSSEL

● Open every day between 9:00-13:00.
● Specifically, for the sans-abri.
● They provide soup, coffee and fruit.
● People can also wash their hands, have access to soap and tissues and charge their phone.

Jamais Sans Toit

● Open every day between 9:00-17:00.
● They let 1 or 2 people in for 10 minutes.
● They provide showers, space for a nap, charging portals for phones and food.
Where can I find free food?

Quai des Péniches 8
- Open every day between 12h00-14h00 and 18h00-20h00.

Espace Social·Tele Service
- Tuesday between 10h00-12h00 and 14h00-16h00.
- They provide "Coli'Bri" packages.

Nativitas
- Take-away soup between 12h00-13h30.

Resto du Coeur de Saint-Gilles
- To receive an emergency package you have to call: 02 538 92 76.
- They provide food packages 5 days a week for people who are on their list.

RestoJet
- For urgent questions call: 0496 267 868
- They provide take-out meals between 12:00-14:00.

Protestant social centre
- Tel: 02 251 280
- They provide food packages on Monday and Friday between 9:00-13:00 and 14:00-16:00.

For more places: RÉPERTOIRE DE L'AIDE ALIMENTAIRE EN BELGIQUE
Visit this website:
https://www.fdss.be/fr/repertoire-de-l-aide-alimentaire/
• **Where can I take a shower?**

**Espace social tele-service**

- “La Consigne” will be open on Monday’s, Wednesday's and Friday’s between **8:00-13:00**.
- They provide access to showers and lockers (One person at a time).

**Doucheflux**

- From Monday to Friday between **8:30-14:00** and on Saturday and Sunday between **10:30-14:30**.
- All other services are interrupted (day reception, activities, laundry).
- Max 12 people at the same time.

**La piscine de Saint-Josse**

- For men: on Tuesday and Thursday between **09:00-10:00**.
- For women: on Wednesday and Friday between **09:00-10:00**.
- They provide shampoo and shower gel.

**RestoJet**

- Showers are accessible between **10:00-12:00**.

• **Where can I wash my clothes?**

**Espace social tele-service**

- From Monday to Friday between **08:00-13:00**.
- Max 8 kilos.

• **How can I get medical help?**
If you think you might have Coronavirus, you can contact the reference doctors made available via Bruss'Help.

- covid19pro@brusshelp.org
- Tel: 02 880 86 89 (from 8.30 am to 7 pm)
- This centre is located on rue de Trèves, Bruxelles and managed by the Belgian Red Cross (https://bit.ly/3423QiG).
- These doctors are the only ones authorised to refer people to the reception centre (with a capacity of 15 places) guaranteeing the conditions of isolation and protection.

Centre Athéna ASBL

- 0494/18.90.24
- Open every day between 09:00-18:00.
- You can call or directly go to the centre.

Médecins du Monde

- The Medibus service is active.
- The locations it visits:
  - Monday : Gare centrale / Botanique (Central Station/ Botanical garden)
  - Tuesday : Gare du Midi (South Station)
  - Thursday : Quai des Péniches 8 (location of food distribution) + maraude gare du Nord

Médecins Sans Frontière

- They provide 200 beds for vulnerable and sick people.
- The referral is going to be through HUB.

Le Méridien Service de Santé Mentale

- Tel: 02 218 6 08
- Consultations with a doctor, a psychiatrist or a psychologist, only by phone.
- e-prescription for medication.
**Where can I get legal or social consultation?**

**CAW BRUSSEL**
- Tel: **0800 13 500** (free)
- All services which were provided before are still provided now by phone, mail or chat (social and psychological assistance, legal assistance).

**Espace social tele-service**
- Tel: **02 548 98 00**
- The first line social permanence will be by telephone from **Monday to Friday** between **9:00-13:00**.

**Ciré**
- Tel: **02 629 77 23** (between 9:00-12:30)
- cire@cire.be

**La Plateforme citoyenne de soutien aux réfugiés**
- Tel: **0488133269** (sending a text message is possible)
- aidessociale@bxlrefugees.be
- **Monday, Tuesday, Wednesday and Friday** between **14:00-17:00**.

**Vluchtelingenwerk Vlaanderen**
- You may send your questions, as detailed as possible, to info@vluchtelingenwerk.be

**Where can I get Psychological Assistance?**

**Solentra**
- Tel: **0496/ 55.72.62** (free number)
- Only by phone.
- They provide assistance in Arabic every weekday between 15:00-17:00.
- They provide assistance in Farsi and Dari every weekday between 10:00-12:00.
- WhatsApp is also possible.

**Ulysse Service de Santé Mentale (SSM)**
- Tel: **02/ 533 06 70**
- Permanency every day between **09:00-17:00**.
• They answer questions and provide counselling by phone when needed.

• Are there any leisure activities?
  https://solidair.brussels/article/FNLrenPj41W5vMkXMEAk/N2ITIfezaxZUmVbaWhwu

  Culture Quarantaine

  • https://www.facebook.com/pg/culturequarantaine/community/?ref=page_internal
  • Culture Quarantaine is a support platform for artists in this period of isolation. You will find online performances, as well as solidarity ideas to help artists.

  APAR

  • They provide rare films you can access for free and legally.